



Joe's Pub, Public Theatre, NYC

NORA McCARTHY

**Creative Jazz Vocal Artist, Composer, Poet, Lyricist,
Writer, Actor, Educator**

www.noramccarthy.com www.mic-art-music.com

<https://micartmusicmedia.wordpress.com/>

<https://www.allaboutjazz.com/musicians/nora-mccarthy>

An **ADEPT and EXHILARATING IMPROVISER**, McCarthy performs in every situation from duo to a twenty-piece large ensemble from straight ahead jazz to the free and avant-garde idioms. Her original compositions and arrangements are stunning works of art and she is a gifted poet and lyricist as well. Her powerfully moving delivery of the spoken word and interpretation of the lyric reflects a deep and intense emotional capacity that communicates directly to her audience heart to heart.

BANDLEADER: Currently, McCarthy leads the following creative ensembles: A Small Dream In Red, an innovative expressionist voice and saxophone duo; The Nora McCarthy Trio; The Nora McCarthy Qu'ART'et; The People of Peace Quintet; Manna For Thought - a free form improvisational trio with guitar and saxophone; and the Modern Voice Ensemble.

CO-LEADER and BANDMEMBER: Nora co-leads composes and writes poetry for the ConceptualMotion Orchestra, a 20-piece all original music ensemble with Jorge Sylvester who leads, composes, arranges and conducts the orchestra. Also, she is an integral member of the Jorge Sylvester ACE (Afro-Caribbean-Experimental) Collective; Trio and Quartet Imagination; and Spontaneous Expressions improvising octet.

Nora McCarthy's adventurous improvising is on a high level ...” Scott Yanow, L.A. Times

Nora McCarthy - A unique and dynamic vocal artist in the world of jazz and creative music today.

EDUCATOR/ TEACHING ARTIST: Through her vast experience in the jazz and creative music field, Nora has developed a 13-pronged methodology that focuses on the art of singing, the vocal instrument, improvisation, and sound production among many other things. It is philosophical and conceptual in nature with much personal insight based on her over 35 years of experience singing improvised music. Her book: *The Spiritual Path To Finding Your Voice*,™ is scheduled to be published by end of 2021 early 2022.

Currently Nora teaches privately, conducts workshops, and masterclasses for various age groups. McCarthy loves working with children and designs interdisciplinary performance art projects for grades 3-5 called “Art Alive.” As Music Director for several afterschool programs in NYC she produced, along with other teaching artists, adaptations to three children’s Broadway musicals. As a member of the Actor’s Fund NYC, Nora continues her ongoing educational interests and most recently completing a

comprehensive 12-week Curriculum Design Course as well as a six-month long intensive Entrepreneurship Program

LYRICIST/POET: McCarthy's has been writing lyrics, prose, poetry, and word art for several decades that she intermingles with her other singing and vocal improvisations at her performances and in conjunction with her original compositions and those of the other projects and artists she collaborates with. Her living poem, "Today In America" began in 2001. It is a time lapsed reflection of ongoing events written in a collage format and protest poetic style with a broad and far-reaching scope: government, politics, societal, racial, and cultural issues, civil and human rights, and environmental issues, with prophetic and philosophical overtones. Written for the composition of the same title composed by alto-saxophonist, Jorge Sylvester. "Today In America" is the sociopolitical, spiritual voice of the ConceptualMotion Orchestra.

DISCOGRAPHY:

***Mayhem At Large* (RedZen Records™) 2021**
***Manna For Thought* (RedZen Records™) 2018**
***blesSINGS* (RedZen Records™) 2016**
***A Time For Love* (RedZen Records™) 2013**
***Spirit Driven* (RedZen Records™) 2013**
***In The Language Of Dreams* (RedZen Records™) 2013**
***Toward A Hill of Joy* (Blue Unity Music) 2011**
***Circle Completing* (RedZen Records™) 2009**
***A Small Dream In Red* (Sundown Jazz) (RedZen Records™) 2003**
***red&blue* (RedZen Records™) 1996**